Vignette 6: My Child Fell Down the Stairs!

A 3-year-old male presents with pain and swelling in his right knee after a fall down a couple of stairs at home. The child refuses to bear weight on his right lower extremity and holds the knee in a slightly flexed position. An AP x-ray was obtained of the right knee (Figure 6-1).

![Figure 6-1. AP x-ray of the right knee.](image)

- What should the initial management be?
- This fracture pattern has a high chance of what long-term problem?

The patient presents 1 year later with a progressive deformity of his right lower extremity. X-rays and a clinical photograph were obtained (Figure 6-2).

![Figure 6-2. (A) Plain x-ray of both lower extremities showing overall limb alignment. (B) Clinical picture of the patient’s lower extremities showing the progressive deformity.](image)

- What is the diagnosis?
- What is the treatment of this secondary deformity?